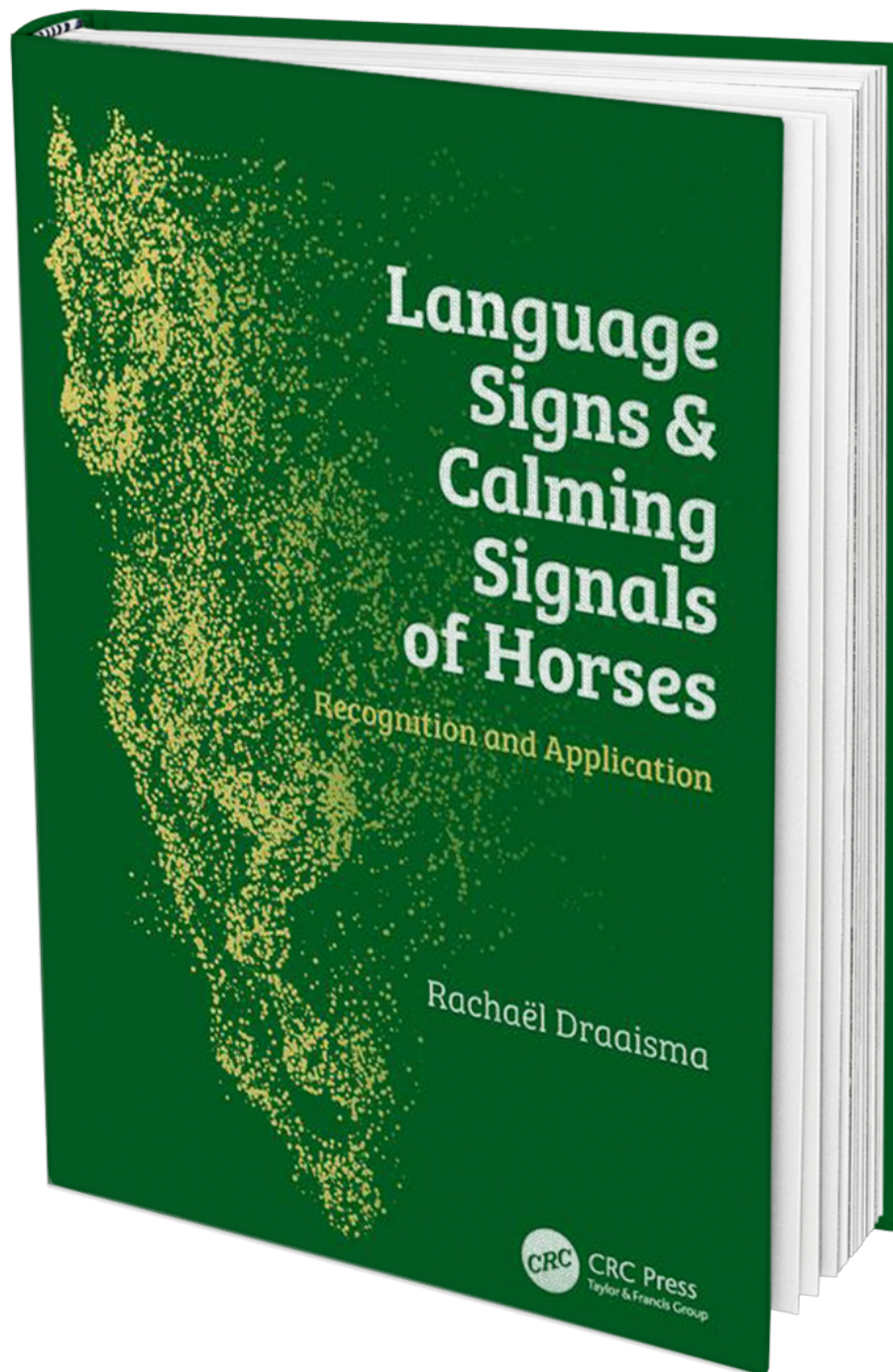

Extra: poddar om Calming signals



RACHAEL DRAAISMA - CALMING SIGNALS OF HORSES; PUBLISHED IN THE OCTOBER 2017 ISSUE OF HORSEMANSHIP JOURNAL. NARRATED BY SARAH JANE ROSE.

If you recognise calming signals and act on them, you have a tool to prevent high tension in your horse. In this, observing your horse regularly is key. Besides calming signals, you can also pay attention to his facial and body features. Are you seeing a relaxed face, with long nostrils,

almond-shaped eyes, a soft chin, and a loosely-carried tail? Or is there more tension in the face, featuring wrinkles over the eye, an extended upper lip, a differently shaped nose, and round eyes and nostrils?

Come Along For The Ride - Calming Signals

In this episode I speak with Rachaël Draaisma. Rachaël is the incredible woman who brought us the book on Language Signs and Calming Signals for Horses. Today she tells her story of her teachers and mentors and how she came to write the book. We find out how she went about researching for her book and how long it took her to find what she was hoping for.

Rachaël also has some new and very interesting research and training that she is undertaking with horses and scent tracking. It's incredible to hear what she has been able to do so far. Grab a cuppa and enjoy every minute of hearing from the woman who has inspired so many of the trainers I have interviewed so far on this podcast.

http://www.relationstraning.se/wp-content/uploads/2019/07/f552d5-rachael_draaisma_language_signs_and_calming_signals_for_horses.mp3